

## **BLACKWATER PADDLERS**

## **Guidelines for Paddlers\_\_\_\_\_**

### Trips Legend

<b>LW</b>	Lake Water	Experience recommended.
<b>MW</b>	Moving Water Grade 1 +	Lake Water experience required.
<b>WW</b>	Moving Water Grade 2 - 3	Moving Water training required.
<b>BC</b>	Voyageur Canoe	Lake Water experience recommended.
<b>CC</b>	Instruction, Course or Clinic	
*	Not a sanctioned BWP event	FYI only.

**Be prepared to follow all current guidelines pertaining to COVID-19**

### General Information:

- Weeknight trips usually DEPART Ceal Tingley Park at 5:30.
- Weekend trips will have varying meeting times and places.
- ALWAYS phone/email the contact person for details and information.
- Be prepared to sign the waiver for yourself and on behalf of your minors.
- Be prepared (see below) with the necessary equipment.
- Plan to share in the fuel costs for shuttle vehicles.
- Be prepared to follow the instructions of your trip leader.
- Trip leaders have the right to limit or refuse participation.
- Alcohol or drugs are not acceptable during club outings. Sanctioned events will be smoke free.
- Plan to attend one of the Rescue Practice sessions if you intend to paddle Moving Water.

### Basic Safety Equipment Required:

- PFD for each paddler. In good condition. Properly fitted. To be worn at all times.
- One sound signaling device (whistle). Attached to PFD.
- Footwear to be worn in water. Preferably not open-toed sandals for Moving Water

- One paddle for each paddler.
- Securely fastened painters on Bow and Stern. Floating rope 10mm, 5+ m long.
- Standard floatation. Most canoes already have this.

**The following items should be attached to your canoe in such a way that they be quickly accessed and will not hang below the gunwales if the canoe is inverted during a rescue.**

- Bailing device. Two is better in a Tandem Canoe.
- One floating rescue line > 15m. (Throw Bag). Two is better in a Tandem canoe.
- Water bottle(s) (for drinking water)
- Other personal items in small waterproof bag; such as a sweater, toque, jacket, first aid, etc . . .
- Spare paddle in each canoe.

Additional Safety Equipment to be Considered for Moving Water:

- Extra floatation for your Canoe. Required for most moving water trips.
- River Rescue supplies. Wrap kit.
- Helmet. Strongly recommended for moving water trips.
- Cell phone or communications device.
- Wetsuit, Drysuit or suitable equivalent.
- Knife.